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Carotid Stenting and Carotid Angiography **Discharge Instructions**

Call your doctor if you notice any of the following:

- You notice a lump or swelling at the incision or insertion site
- You have a saturated dressing with blood or body fluid
- You have bleeding at the incision site
- If you experience pain, cold, or numbness in your leg or foot
- A severe headache
- Fever greater than 101.5

Remember the following tips for post procedure care at home:

- A small bandage over the incision/insertion site may be removed 48 hours after your procedure. Use a clean wet cloth to wipe the dressing site.
- You may shower 48 hours after your procedure. No tub baths or swimming for 1 week.
- Avoid heavy lifting (greater than 10lbs) until your follow-up appointment.
- No sexual intercourse or straining for 1 week.
- You will receive a prescription for Plavix 75mg to take orally once a day. Your doctor will give you instructions if other medications are necessary.
- Prior to discharge you will have two appointments scheduled for you. A 7-10 day post procedure evaluation and 1 month follow-up with a carotid ultrasound.
- Please call if you have any questions or concerns regarding your procedure at 770-423-0595.