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### **Endograft Repair Surgery:**

- Your surgeon: \_\_\_\_\_
- Type of bypass surgery: \_\_\_\_\_
- Date of surgery: \_\_\_\_\_
- Follow up office appointment: \_\_\_\_\_

### **Call your doctor if you notice any of the following:**

- You develop a fever greater than 101.5
- Your incision develops new bleeding or body fluid drainage
- The incision becomes hot, red, or increases in pain
- You develop back or abdominal pain
- If you notice a change in color, the skin becomes cool/cold to touch or numbness occurs in the leg or foot
- The incision site opens

### **The following tips will assist you in recovery at home:**

- You may drive when full strength returns and you feel strong enough.
- No heavy lifting (over 10lbs.) or strenuous activity until you complete your follow up and all staples/sutures removed. This includes sexual intercourse.
- You may shower when returning to home. Do not scrub your incision. Remove all dressing material prior to your shower. Pat dry with a clean towel. Do not rub your staples. (Your towel will become tangled). No tub baths or swimming until your staples are removed.
- All incisions must remain clean and dry to complete the healing process. You will receive betadine to "paint" the incision and sterile bandages/tape to cover the staples/sutures. Change the dressing twice daily or anytime the dressing becomes saturated or moist. You will receive teaching prior to discharge.
- Return to your regular low-fat diet. It may take several weeks for your appetite to return. This is normal. Some pain medications can upset your stomach. Please let us know if you are having any trouble with nausea or vomiting. If constipation occurs you may take Metamucil.
- Depression is not unusual after an extensive surgery. You may find your sleeping schedule is off. Take a nap during the day; however, try to resume a normal schedule as soon as possible at home.
- Resume all your medications. Your doctor recommends Aspirin 81mg daily at home.
- When you are discharged from the hospital, you will have **two** appointments arranged for you. The first will be for staple removal and the second for a post-operative doctor visit. If you need to change an appointment please call our office to arrange a new time.
- Remember: If you have any questions or concerns please do not hesitate to call 770-423-0595.