



David Hafner, MD, FACS
Steven W. Oweida, MD, FACS
Arun Chervu, MD, FACS
Jeffrey M. Reilly, MD, FACS
Gary M. Jacobson, MD, FACS
Hector M. Dourron, MD, FACS
Charles W. Wyble, MD, FACS
John E. Jones, MD
Shariq Sayeed, MD
Jeffrey N. Winter, MD, FACS
Oliver King, MD, FACS

Peripheral Artery Bypass Surgery Discharge Instructions:

- Your peripheral artery bypass surgeon: _____
- Type of bypass: _____
- Surgery Date: _____
- Follow up office appointment: _____

Call your doctor if you notice any of the following:

- You develop a fever greater than 101.5
- Your incision develops new bleeding or body fluid drainage
- The incision becomes hot, reddened or increase in pain
- Your pain increases and/or your leg swells and does not improve
- If you notice a change in color, odor, the skin becomes cool/cold to touch or numbness occurs in the leg or foot
- The incision site opens

The following tips will assist you in recovery at home:

- You may drive when full strength returns to your bypass extremity.
- No heavy lifting (over 10lbs) or strenuous activity until you complete your follow-up and all staples/sutures removed. Elevate your leg to decrease swelling. (Toes higher than your nose).
- You may shower 48 hours following your surgery as long as there is no drainage from the wound or drain site. Do not scrub your incision. Remove all dressing material prior to your shower. Pat dry with a clean towel. Do not rub your staples. (Your towel will become tangled). No tub baths or swimming until staples are removed.
- All groin incisions must remain clean and dry to complete the healing process. You will receive betadine to "paint" the incision and sterile bandages/tape to cover the staples/sutures. Change the dressing twice daily or anytime the dressing becomes saturated. You will receive teaching prior to discharge.
- If you shave, be careful not to shave over the incision until you see the doctor and all staples removed.
- Return to your regular low-fat diet. It may take a few days for your appetite to return. This is normal. Some pain medications can upset your stomach. Please let us know if you are having any trouble with nausea or vomiting.
- Take all your medication just as you did prior to your surgery, as well as any new medications. We recommend an Aspirin 81 mg daily at home.
- Staples/sutures will be removed in 14-21 days after surgery.
- When you are discharged from the hospital, you will have **two** appointments arranged for you. The first will be for staple removal and the second for a post-operative doctor visit. If you need to change an appointment please call our office to arrange a new time.
- Remember: If you have any questions or concerns please do not hesitate to call 770-423-0595.